

Landmark Eagles Football and Cheer

Game Guidelines

In accordance with the *Mandatory Requirements for Youth, Collegiate, Amateur, Club, and Professional Sports* signed by the Ohio Department of Health (ODH) on 8/19/2020, and in accordance with the policies approved by the Ohio High School Athletic Association, the Landmark Eagles Football and Cheer program requires that the following health policies be followed by EVERYONE who plans to attend a game hosted by Landmark:

1. All participants (includes the athletes, coaches/staff, and trainers) are required to have symptom screening prior to each game. This includes having the participants' temperature taken and answering a three item symptoms and exposure questionnaire. This screening will be performed by a medical representative from each team. (If the temperature is elevated, the individual will be isolated and the temperature will be rechecked after 5-to-10 minutes of sitting in a cool environment. If still elevated >100 degrees Fahrenheit, the participant will be deemed as having a failed screening.) Anyone who fails this screening will not be permitted to participate and will be advised to return home
2. Any participant who exhibits typical symptoms of COVID-19, or is asymptomatic but has had a (+) test for COVID-19 in the past 10 days, will be excluded from participation that day. It is advised that they isolate for the recommended period of time, based on the most current guidelines set forth by the Centers for Disease Control (CDC) and the ODH.
3. Participants will use hand sanitizer before the start of each quarter, and are encouraged to reapply the hand sanitizer periodically throughout the game.
4. Each participant will bring his/her own water bottle(s). Water containers **CANNOT** be shared amongst participants. Teams should delegate an adult to be responsible for refilling the water bottles as needed. Football helmets, pads, receiver gloves, and other worn equipment can only be worn by that player
5. Shared equipment such as footballs shall be periodically sanitized throughout the game. Each team will supply their own sanitizer for use on their respective equipment.
6. Masks must be worn by players and cheerleaders when not on the field of play (such as walking from the parking lot). Masks are permissible, but not required by players actively participating in the game. Players on the sidelines must practice social distancing, and are not required to wear masks *as long as they keep their helmet on*. Players without a helmet on must wear a mask.
7. Cheerleaders are not required to wear a mask, provided they are maintaining social distancing for the *majority* of their time on the field. Understandably, stunting and other cheer activities will bring the participants closer than 6 feet apart, but these encounters are for just a few seconds at a time.
8. All coaches, sideline assistants, trainers, and other medical personnel will be required to wear a mask or appropriate facial covering. Allowable exemptions to this statewide requirement can be found at: <https://coronavirus.ohio.gov/wps/portal/gov/covid-19/resources/news-releases-news-you-can-use/Gov-DeWine-Issues-Statewide-Mask-Order-Travel-Warning>. A note declaring the facial covering exemption signed by a medical professional must be presented at the game should a health inspector ask for proof of exemption.
9. Participants acknowledge that football is a contact sport, and therefore strict adherence to the typical social distancing guidelines is not possible throughout the game. Likewise, cheer involves stunting and other activities that prevent adherence to social distancing guidelines. However, when possible, participants will try to follow social distancing guidelines when they are not actively participating in the game (i.e., standing on the sidelines observing play). Additionally, participants will refrain from physical contact not necessary to the play of the game, such as high-fives, handshakes, chest-bumps, etc. (see item 8.c.ii of the ODH order).
10. There will be no congregating after the game. Participants will exit the field area immediately after the conclusion of the game. **No one is allowed on the field after the conclusion of the game.**
11. Spectators will not be required to go through the symptom screening protocol that is outlined above for participants. However, before coming to the game, it is recommended that spectators check their temperature and review the screening questions. They should refrain from attending the game if they answer "Yes" to any of the three questions, or if they have a fever >100 degrees Fahrenheit.
12. All spectators are required to maintain appropriate social distancing AND wear a mask or appropriate facial covering when outside their vehicle at the field/stadium. Allowable exemptions to this statewide requirement can be found at: <https://coronavirus.ohio.gov/wps/portal/gov/covid-19/resources/news-releases-news-you->

[can-use/Gov-DeWine-Issues-Statewide-Mask-Order-Travel-Warning](#). A note declaring the facial covering exemption signed by a medical professional must be presented at the game should a health inspector ask for proof of exemption. Family members should sit together, maintaining at least 6 feet of social distancing from other family groups. Mingling between family groups is discouraged.

13. Each team will name a compliance officer who will ensure that the above requirements are being followed on the sidelines and among spectators.
14. Any additional guidelines for the hosting park/stadium for a specific game will be attached to this document, and compliance with those guidelines will be required.
15. These guidelines may change based on recommendations/requirements set forth by the ODH. The Landmark board or coaches will provide any updates as soon as they are available

2020 Ohio Football Rule/Procedural Changes Related to COVID-19

1. Due to social distancing guidelines, teams will not be able to utilize locker rooms for dressing or halftime discussions. Players should come to the game completely or partially dressed. There will be access to restrooms for participants and spectators.
2. Sideline team box has been enlarged, extending to the 10 yard line on each end of the field. This will allow for easier social distancing of players.
3. Maximum of 60 dressed players per team
4. Only dressed players, coaches, assistants, and medical personnel are permitted on the sidelines. Non-helmeted individuals on the sidelines must be wearing a mask or appropriate facial covering.
5. The officials will have limited contact with the ball. The players of the offensive team will handle the ball and take it with them to the huddle. The Umpire will place a bean bag at the spot where the ball will be snapped.
6. Athletes should refrain from the removal of mouthguards while on the playing field. Mouthguards **MUST** be attached to the facemask of the helmet.
7. PREGAME CONFERENCE, COIN TOSS, and OVERTIME PROCEDURES
 - For the coin toss, limit attendees to the referee, umpire and one representative from each team.
 - Coin toss will take place in the center of the field with individuals maintaining social distancing of 6 feet.
 - No handshakes prior to and following the coin toss.
 - Maintain social distancing of 6 feet while performing the pregame meeting between officials and coaches.
 - For overtime procedure, use the same procedure as used at the start of the contest for the coin toss.
8. Halftime will be reduced to 12 minutes.
9. The traditional post-game hand shaking of the opposing team's players is prohibited.

I, _____, have read and fully understand the above requirements for attendance at a game hosted by the Landmark Eagles, and have reviewed these guidelines with my fellow coaches, staff, and players.

Signed (Head coach or Athletic Director)

Team

Date