

Landmark Eagles Football and Cheer Practice Guidelines

In accordance with the Guidance for Contact Sport Practices signed by the Ohio Department of Health (ODH) on July 4, 2020 (<https://coronavirus.ohio.gov/static/publicorders/Second-Amended-Order-Guidance-Contact-Sport.pdf>), the Landmark Eagles players, cheerleaders, coaches, parents/guardians, trainers, and spectators acknowledge and agree to the following:

1. All participants (includes the athletes, coaches/staff, and trainers) agree to symptom screening prior to each practice. This includes having the participants' temperature taken and answering a three item symptoms and exposure questionnaire. Anyone who fails this screening will not be permitted to participate and will be advised to return home. Additionally, any sibling of someone who fails the screening process will be excluded from participation that day.
2. Any participant who exhibits typical symptoms of COVID-19, or has a (+) test for COVID-19, will be excluded from participation for the recommended period of time, based on the most current guidelines set forth by the Centers for Disease Control (CDC) and the ODH.
3. Participants will use hand sanitizer before starting practice, and will be encouraged to reapply the hand sanitizer periodically throughout practice.
4. Each participant will bring his/her own water bottle(s). Water containers **CANNOT** be shared amongst participants, so be sure to bring enough. Once assigned, football helmets, pads, and other loaned equipment can only be worn by that player. Likewise, football receivers shall not share their receiver gloves.
5. Shared equipment, such as footballs, tackling and blocking equipment, cones, and pom-pom's shall be periodically sanitized throughout the practice.
6. Masks will not be required by those actively participating in practice.
7. Participants acknowledge that football is a contact sport, and therefore strict adherence to the typical social distancing guidelines is not possible throughout the entire practice. Likewise, cheer involves stunting and other activities that prevent adherence to social distancing guidelines. However, when possible, participants will try to follow social distancing guidelines when they are not actively participating in practice (i.e., standing on the sideline observing play). Additionally, participants will refrain from physical contact not necessary to the play of the game, such as high-fives, handshakes, chest-bumps, etc. (see item 8.c.ii of the ODH order).
8. All trainers and other medical personnel will be required to wear a mask or appropriate facial covering while assessing an injured participant.
9. There will be no congregating before or after practice. Participants will exit the practice area immediately after the conclusion of practice.
10. Spectators will not be required to go through the symptom screening protocol that is outlined above for participants. However, if the ODH has assigned Butler County a COVID-19 Risk Level 3 (Red) status, then all spectators are required to maintain appropriate social distancing AND wear a mask or appropriate facial covering while in close proximity to the practice. If Butler County is at a Level 1 (Yellow) or Level 2 (Orange) status, spectators must maintain appropriate social distancing and are encouraged (but not required) to wear a mask while in close proximity to the practice. To minimize unnecessary congestion, Landmark requests that siblings of participants not attend practices.
11. It is understood that these guidelines may change based on recommendations/requirements set forth by the ODH. The Landmark board or coaches will update you on any new guidelines.

I, _____, have read and fully understand the above requirements for participation as a Landmark Eagle athlete.

Participant Signature

Parent/Guardian Signature

Date